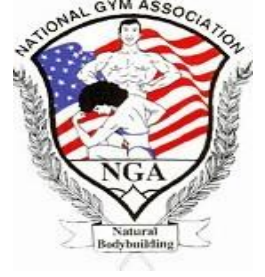




**2016 NATURAL EAST COAST CLASSIC
BODYBUILDING, PHYSIQUE, FIGURE, &
BIKINI CHAMPIONSHIPS
(Pro Qualifier)**



SATURDAY, SEPTEMBER 10, 2016

- ELIGIBILITY:** ~Amateur athletes registered with the NGA.
Card and back dues must be paid to qualify for entry.
~All Athletes are required to take a 7 year drug free polygraph.
~Contest is not limited to amount of entries for both men and women.
- PLACE:** **East Orange Campus High**
344 Prospect Street
East Orange, NJ 07017
- ENTRY FEE:** **\$70 Crossover Fees = \$60 per additional category**
- Send Entry Form, Profile Form and Money order or Certified check payable to:
Tim McDaniel
14 Kenmore Ave
Newark, New Jersey 07106
- DEADLINE:** **August 27, 2016** - Postmark date
~ Late fee for entries not postmarked by this date = **\$75** + entry fee
- CROSSOVERS:** Contestants may compete in the masters, open and novice categories.
- AWARDS:** ~High quality trophies and sculptures presented to the first five places and Overall winners
~PROs receive cash prizes
- EVENT TIME:** Check in 10:30 am Pre-Judging 12:00 pm & Finals 4:30 pm (doors open at 4:00 pm)
- TICKET INFO:** ~Pre-Judging **\$20** & Finals General Admission **\$35**
~Combo All Day Pass **\$50**
~Children 10 and under **FREE**



**2016 NATURAL EAST COAST CLASSIC BODYBUILDING PHYSIQUE, FIGURE & BIKINI CHAMPIONSHIPS
(PRO QUALIFIER)**



SATURDAY, September 10, 2016

INFORMATION FOR COMPETITORS

POLYGRAPH TESTING:

1. **All Competitors must be tested Friday September 9, 2016 at Extreme Gym**
2. Fees (\$45 cash only) are paid at time of testing directly to the polygraph tester
3. Must make appointment by calling (917) 560-3196
4. Testing will be done at host hotel Friday, September 9, 2016 -9:00am-8:30pm
5. If you have been polygraphed within the past 90 days of event, you must provide An original proof at registration

HOST HOTEL:

**MANDATORY-REGISTRATION/WEIGH IN: FRIDAY – 9:00 am-8:30 pm September 9, 2016 @
Extreme Gym/386 N Franklin Ave/Nutley, New Jersey 07110 (973 517-7155)**

COMPETITORS MEETING: Saturday September 10- 11:30 am SHARP at East Orange Campus High School

PRE-JUDGING: 12:00 pm SHARP (competitors check in 10:30 am)

FINALS: 4:30 pm (doors open at 4:00 pm)

PROFILE: Complete and return attached profile sheet with entry form

MUSIC: Contestants must bring a CD or cassette tape preset to a maximum of 90 seconds. If tape is not set, the DJ will play substituted music. All pro contestants will pose in The evening show

TRAINERS: Must purchase a back stage pass and a ticket of admission into the venue to view the show. Only 1 trainer back stage is allowed.

- A. The definition and rulings of a novice are:
1. a competitor that has not placed in the top 3 in an open division of any organization;
 2. a competitor that has not won 1st place in a novice division of any organization;
 3. a novice competitor can crossover to the open division and vice versa; and
 4. a master or couple can crossover into the novice or open division, but not both.
- B. This show entitles class winners in the open division bodybuilding and overall figure winner to turn pro. (5 competitors equal a valid class).
- C. Promoters have the option of canceling any class for an insufficient amount of competitors;
- D. Promoters have the option of splitting a division that has a total of 10 or more athletes. For example, if the teen division has 10 competitors, the Promoter can divide this class into two calling them "Teen A" and "B". This division should be worked out as evenly as possible either by age, weight, or height. Promoters should look at all entry forms and decide which way to go. It is the Promoter's option whether or not to do an overall of "Teen A" and "Teen B".

ADMINISTRATIVE USE:

____ Polygraph ____ NGA Card ____ Pro Card ____ Fees Contestant # _____



2016 NATURAL EAST COAST CLASSIC, BODYBUILDING, PHYSIQUE, FIGURE & BIKINI CHAMPIONSHIPS

(PRO QUALIFIER)

SATURDAY, September 10, 2016



MEN'S DIVISIONS

ENTRY FORM

WOMEN'S DIVISIONS

_____ **MEN'S BODYBUILDING OPEN**

- ___ A) Light- over 156 ¼ and under
- ___ B) Middle over 156 ¼ to 172 ¼ lbs
- ___ C) Light heavy over 172 ¼ to 189 ¼ lbs
- ___ D) Heavyweight- over 189 ¼

WEIGH-IN

_____ **WOMEN'S BODYBUILDING OPEN**

- ___ A) up to 112 ½ lbs
- ___ B) over 122 ½ lbs

_____ **FIRST TIMERS MEN'S**

- ___ Men's Bodybuilding
- ___ Men's Physique

_____ **FIRST TIMERS WOMEN'S**

- ___ Figure
- ___ Bikini
- ___ BB

_____ **MEN'S MASTERS BB** (must show ID)

- ___ A) age 35 to 45
- ___ B) age 46 to 55
- ___ C) age 55+
- ___ D) Grand Masters 60+

_____ **WOMEN'S FIGURE MASTERS** (ID)

- ___ A) age 35-45
- ___ B) age 45-55

_____ **MEN'S NOVICE BODYBUILDING**

_____ **WOMEN'S FIGURE OPEN**

- ___ A) Short) ___ B) Tall

_____ **MEN'S PHYSIQUE OPEN**

- ___ A) Light weight up to 156 ½ Lbs
- ___ B) M over 156 ½ to 172
- ___ c) H over 172 Lbs

_____ **WOMEN'S PHYSIQUE OPEN**

WOMEN'S BIKINI OPEN

- ___ A) Short
- ___ B) Tall

_____ **TEEN BODYBUILDING** (must show ID)

_____ **Men's Classic Physique**

_____ **Mixed Pairs**

_____ **Novice Figure**

Teens, Men's Classic Physique, Novice and mixed pairs are all one class

_____ **Novice Bikini**

Name _____ Pro Card# (if applicable) _____

Address _____

Phone _____ Weight _____ Birth date _____ Age _____

E-Mail _____ Facebook _____

WAIVER: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against Tim Shabazz McDaniel (NGA) East Orange Campus High School, East Orange, New Jersey, and any and all sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2016 NGA Natural East Coast Classic Championships

_____ Contestant signature

_____ signature of guardian if contestant is a minor

_____ date



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SATURDAY, September 10, 2016

Profile for the MC to News Media – return with entry form

Name _____ Contestant# _____

Division(s) _____

Weight/ Height Class _____

Town & State Representing _____

Club/Gym Representing _____

Previous Titles Won _____

Age _____ Trainer _____

Special Thanks/ Other Comments/ Hobbies
